Adaptability, Lesson 1: New World of Work

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ACADEMIC LEARNING GOALS (OUTCOMES/OBJECTIVES) FOR THIS LESSON:
(What learners should know or be able to do as a result of the lesson.)

The four primary attributes of Adaptability covered in Lesson 1 & Lesson 2 are listed. This lesson will primarily provide an overview of attributes 1 & 2:

1. Notices when things change, like new technology or new responsibilities, and sees it as an opportunity rather than being negative about it.
2. Open to new experiences by trying out different work environments, roles, and tasks.
3. Considers a variety of viewpoints and suggestions to get the job done.
4. Can handle normal amounts of stress, use feedback in a positive way, and learn from things that go wrong.

CRITICAL THINKING SKILLS UTILIZED IN THIS LESSON:
(What elements of the lesson allow learners to utilize critical thinking techniques.)

• Using facilitation strategies in addition to instruction will encourage learner participation and opportunities to exercise critical thinking.

• In this lesson, the facilitation strategies are discussion/interaction based on video content and pair-share discussions.

• Think of the 80-20 rule. 80% of this lesson is ready for use, 20% can be enhanced by interactive activities and examples you come up with as an instructor. After using this lesson, you can provide your feedback and enhancements through the www.newworldofwork.org website.
MEDIA, HANDOUTS, OR EXTRA MATERIALS: (What media is used in addition to lesson plan.)

The skills lessons have been designed to go along with the New World of Work/CreatorUp video content. All the Lesson 1’s can incorporate the “What Not to Do” videos and all Lesson 2’s can utilize the 21st Century Skills Video Assessments. These videos can also assist in hybrid/online courses. Gauge student interest in the videos and play throughout the course as needed.

This lesson uses:

- Introduction to the Curriculum Video: [www.youtube.com/watch?v=DAweDxVJFBU](https://www.youtube.com/watch?v=DAweDxVJFBU)
- New World of Work Adaptability “What Not to Do” Video: [www.youtube.com/watch?v=Y1NEdFLujuw](https://www.youtube.com/watch?v=Y1NEdFLujuw)

Student Start of Term Survey: This can be taken in class or assigned afterward. It is available at [www.newworldofwork.org](http://www.newworldofwork.org) in the College Resources section.

INSTRUCTION: (List of reproducible steps for the lesson.)

Instructor Notes (General):

To allow for greater flexibility of delivery, lessons can be shortened to fit into a 45min class period. They can be expanded, with more time for facilitated activities and examples, up to a 90min session.

PPT presentation slides have been kept basic to avoid copyright infringement on images hosted open source. Feel free to add your own images when presenting the slides to your learners.

Instructor Notes (Lesson-Specific):

Often this is the first class meeting to set the tone for the entire skills series. Therefore, it may be necessary to build in time for covering the syllabus, paperwork, and work-based learning/internship requirements. This can also be the best time to administer the Student Start of Term survey and/or review the concept of Digital Badging Assessments.

Instructors may wish to review the following resources:


Introduction: Review student learning outcomes for the lesson.
Present the concepts in the slide deck. You can supplement with information from the recommended resources, depending on the class time you have available. Emphasize the connection between the changes in the economy and workforce and the skills students will need to be successful.

List the Top 10 Skills for students when showing Slide 10:

If you are incorporating the skills series into a subject-specific class, you can add a slide in between Slide 10 & Slide 11 to review the skills needed in specific careers, in addition to the “Top 10” 21st Century Skills listed on Slide 10.

Class Activity:

Part 1: Ask students to work in pairs to discuss their own experiences/ understanding of the modern workforce. Have pairs share examples with the entire class. Discuss how the modern world of work impacts their education/career goals, and ask how they feel they will benefit from this course.

Part 2: Play the New World of Work Adaptability “What Not to Do” Video: www.youtube.com/watch?v=Y1NEdFLujuw

Have students comment on the problems that can arise if you aren’t adaptable within your workplace.

Part 3: Have students discuss the skill of Adaptability to give examples of specific traits that are needed.

The Adaptable Mind Video: Time permitting, you can introduce the Let it Ripple educational film studio, and their 11-minute video on the Adaptable Mind. The studio provides a downloadable discussion kit to go along with the video, which can be a fantastic way to review the concepts presented in this lesson.
www.letitripple.org/films/adaptable-mind

See next page for Class Closure
**CLASS CLOSURE:** (How the information relates to students’ life experiences/academic goals and/or the intro. for the next session of instruction.)

LinkedIn and **New World of Work** have partnered to provide suggested next steps after each of NWoW’s 21st Century Skills lessons. Learners can go through self-paced, online video courses through LinkedIn Learning’s Lynda.com platform to build on their knowledge and application of employability skills. **This can be done within the class, assigned as homework, and/or hosted online if you are incorporating a hybrid format.** Learners earn certificates of completion, which can be showcased on their LinkedIn profiles along with digital badges and skills verifications. Go to: [www.linkedin.com/learning](http://www.linkedin.com/learning).

**Suggested Courses and Videos for Adaptability at the Postsecondary Education Level**

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*Videos are hyperlinked and can also be accessed through the NWoW-LinkedIn Crosswalk*