21st Century Skills Series: Resilience
Lesson 2: Resilience After Failure

Created by: New World of Work & Empact, the Extreme E-ship Tour
Resilience: Attributes

- Believes in personal growth and change by seeing new knowledge and skills as a way of life, not just a one-time thing.

- Sets priorities and goals, anticipates possible consequences, and has back-up plans.

- Bounces back when things go wrong. Figures out what happened and how to learn from it when making future decisions.

- Listens to others’ views while also speaking up for oneself in order to learn from feedback and resolve conflicts.
Entrepreneur Story: Michael Simmons

• Started his first business, a website development service, when he was 16 years old.
• After a few very successful years, the 2007 economic crisis hit, and Michael could no longer get the number of clients he’d had before.
• He was forced to close his business.

Was he a failure?
Entrepreneur Story: Michael Simmons

- Although his business had failed, during the time it had been working, he’d developed a personal brand, professional network, and many of the 21st Century Skills including Adaptability and Resilience.

- He was able to use these as assets in his next career move!

- Michael went on to launch an organization supporting young entrepreneurs. He created a cross country bus tour that brought successful young entrepreneurs out to college campuses to share their stories. He’s now a columnist for Forbes, Harvard Business Review, the Huffington Post, and Business Insider.
Resilience & “Grit”

• Think about the Tedx talk video and the concept of “grit.” Think about your education & career goals and what kind of perseverance it will take for you to accomplish them.

• How do you see yourself in terms of grit -- the ability to stick with a goal in the face of obstacles and persevere?

• In pairs:
Describe a time in your adult life when you failed, perhaps in school or work. Remember “failure” can mean when things you planned did not turn out how you’d hoped. How did you respond? What could you have done differently? What did you learn from this failure?

https://www.ted.com/talks/angela_lee_duckworth_grit_the_power_of_passion_and_perseverance
Example of grit: Michael Jordan

https://www.youtube.com/watch?v=45mMioJ5szc
Resilience & Feedback

• Another important element of resilience is the ability to analyze feedback.

• Perhaps someone has a useful perspective to share with you, a way to look at a situation that helps you move forward and improve.

• Perhaps you need to engage in a discussion of what went wrong, address conflicts, but also not let it get you down.

• In the Resilience Video Assessment, what option shows the best example of maintaining this balance?

Playlist: https://www.youtube.com/playlist?list=PLWCjcrQpQiFZn9kWvXIKTnd-DOscOEs6A
ACTIVITY: Identify a challenge you are facing in your academic or work life...
1.) What was your goal starting out?
2.) Are you considering giving up? Or, are you experiencing obstacles?
WHY?
Define the problem.
Where are you stuck or what is causing challenges?
FEELING

OUTSIDE PERSPECTIVE
Is there a way you can test your assumptions?
Next Steps: Practice!

LinkedIn and New World of Work have partnered to provide suggested next steps after each of the 21st Century Skills lessons.

Go to: www.linkedin.com/learning

These videos will help you continue to explore Resilience. You can earn certificates of completion to post on your LinkedIn profiles along with any of your digital badges and skills verifications.

Courses:
- Achieving Your Goals
- Balancing Work and Life

Videos:
- Learn the importance of goal setting
- Set priorities
- Learning from your mistakes
- Giving feedback
- Building new skills
- Resolving conflict
- Prioritization overview